



## ***FLOURISH: HOW TO CREATE SPIRIT AT WORK***

*Complete this 6-week eCourse on your own time, in any location that is convenient to you and earn CEUs.*

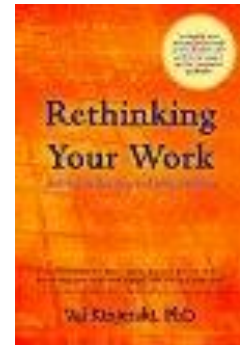
Want to be inspired and look forward to each day? Feel energized and excited about your work? Find fulfillment through your work and know that you are making a difference? This is **spirit at work** and the power is within each of us to create it, simply by *rethinking our work*.

*Spirit at work* is about being fully engaged in and finding meaning and fulfillment through work. It involves profound feelings of wellbeing, a belief that one's work makes a contribution, and a sense of connection to others and common purpose.

This evidence-based eCourse draws upon the book, ***Rethinking Your Work: Getting to the Heart of What Matters***, by Val Kinjerski, PhD and the latest findings in the field of positive psychology. The research shows that spirit at work is available to everyone and can and should be fostered. This eCourse examines what spirit at work is, how it develops, and proven ways to foster it.

*Upon completion of this course, participants will be able to:*

1. Describe spirit at work, including the four dimensions that comprise spirit at work.
2. Examine how defining moments impact one's world view and career choice.
3. Explain the four paths to spirit at work.
4. Identify and experience four key actions to foster spirit at work.
5. Create a personal plan to enhance your spirit at work.



**CE Credit:** This eCourse qualifies for 18 Category A credits. A Certificate of Completion will be awarded upon successful completion of the discussion questions, post-test and course evaluation.

**How it Works:** This 18-hour, 6-week eCourse is presented in six parts, one each week. It includes videos, self-assessments, readings, facilitated e-discussions, a post-test and evaluation. Expect to put in around 3 hours per week.

**Regular Fee:** \$449. **Early bird:** \$359. **Book included.** *No charge for post test and CE certificate.*

**Registration:** Fill in the form below and email to [info@kaizensolutions.org](mailto:info@kaizensolutions.org) or fax to 780.459.8867. You will be sent an invitation with instructions on how to sign in and get started. *Contact us if you require special assistance.*

**Instructor:** *Val Kinjerski, MSW, PhD, RSW* is a leading authority on the topic of Spirit at Work. Prior to dedicating herself to the creation of spirit at work, Val held social work positions ranging from front-line to program development to senior management. She is the author of *Rethinking your Work*.

**Cancellation:** *Refunds (minus a \$50 processing fee) are available. Please note: refunds are not available once access to the course has been given.*

**To download our FAQ, for more information or grievances:**

[www.kaizensolutions.org](http://www.kaizensolutions.org) 📞 (780) 459-2588 📧 [Val@kaizensolutions.org](mailto:Val@kaizensolutions.org)

*Kaizen Solutions for Human Services, provider # 1116, is approved as a provider for continuing education by the Association of Social Work Boards (ASWB) [www.aswb.org](http://www.aswb.org) through the Approved Continuing Education (ACE) program.*

*ASWB Approval Period: August 8, 2009 – August 8, 2012.*



www.kaizensolutions.org



**eCourse Registration Form**  
**With Val Kinjerski, MSW, PhD, RSW**

Course Name: <b>Flourish: How to Create Spirit at Work</b>		Course: #1303 18 CEUs
Name:		Job Title:
Organization:		
Address:		
City:		Province/State:
Postal Code/ Zip:		Email:
Phone: (     )		Fax: (     )
Regular Course Fees: <input type="radio"/> \$449		Early Bird three weeks prior to course start <input type="radio"/> <b>\$359</b>
Amount enclosed: \$ <input type="radio"/> Cheque <input type="radio"/> Money Order <input type="radio"/> Credit Card		
Credit Card: <input type="radio"/> Visa <input type="radio"/> MasterCard		
Credit Card #		Expiry Date:
Name on Card		Authorized Signature
How did you learn about the eCourse?		
What other types of eCourses / home studies are you interested in?		
Do you require a continuing education certificate? <input type="checkbox"/> Yes please. <input type="checkbox"/> No thanks.		
We are sending all participants a copy of the Rethinking Your Work Newsletter. Please indicate if you do <b>not</b> want to be included. <input type="checkbox"/> No thanks.		
<b>Further details provided upon registration.</b> How would you like to be contacted? <input type="radio"/> Email <input type="radio"/> Fax		
<b>I am aware that this course this course requires approximately 3 hours participation per week. _____ Initial please.</b>		

**To Register:** Complete order form with payment and submit by:

**Mail:** Kaizen Solutions for Human Services, 82 Lancaster Cr. St. Albert AB T8N 2N8

**Fax:** (780) 459 – 8867 📠 **Phone:** (780) 459-2588 📞 **Email:** [Val@kaizensolutions.org](mailto:Val@kaizensolutions.org)



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